

KAYAK



PADDLE EXPEDITION TO SOUTH-GREENLAND

GREENLAND is the world's largest island and an area with big contrasts. In addition to massive mountain ranges and glaciers avalanching into the sea, Greenland really is green. The old Vikings weren't just using cheap sales tricks, it really is green! Northern Exposure wants you to join our 14 day expedition to this fantastic green area of Greenland.

NANORTALIK is the starting point of our expedition. This little village is a mecca for mountaineers, climbers and paddlers. From this village we set course for the fjord systems to the north of "cape farvel" (Cape Goodbye) . This area is true wilderness. Come with us and explore the country of the old Viking Eirik Raude!

The expedition Day by Day

Day 1: Plane/Helicopter Your Home-Nanortalik

Expedition members and guide meet up in Nanortalik. Preparations. Night in cabin.

Day 2: Packing boats and paddling off

We'll visit the historic museum in Nanortalik. Packing up boats and last preparations. Going off on an easy start paddling only a few kilometers to camp 1 to get the routines up running.

Day 3: Coastal paddling and icebergs

We will be paddling on a south bearing to camp 2 at Herjolfsnes. Here we will look at the old ruins of the Viking Eirik Raudes descendants.

Day 4: Spectacular Fjord scenery

We are moving into some of the worlds most stunning Fjords and set up camp in the idyllic Stordalenshavn

Day 5: Resting- Fishing og mountaineering day

Day 6: Visiting the Hunter/gatherer community of Appillatoq

After a days rest we'll arrive in Appillatoq for lunch. This little settlement has only 150 inhabitants. We'll go "shopping" at the local "do-it-all". North of Appillatoq a total of 5 fjords meet and give us a magnificent view. Camp at one of abandoned old settlements north of Appilatoq.

Day 7: Glaciers

One of the expeditions many highlights. At the bottom of one of the fjords we'll see the glacier breaking off into the sea.

Day 8 and 9: Pearls in a row

We'll paddle into the Kangikitsoq-fjord and camp at the flats. We'll be surrounded by the most peculiar rock formations from the last iceage. Perfect area for short hikes and fishing. 2 nights will be spent here.



Day 10: Fishing and swimming

We'll start on our return, paddling towards our pickup in Appillatoq. We'll drop by one of the points where we'll find a perfect pond for washing off before going back to the more civilized part of Greenland.

Day 11: Journey Home!

Weather might be a challenge and because of that this is a buffer day, meaning it will be put in where needed. If we get only good weather we'll have this day extra for even more exploring!

Day 12: Boat transport and "fancy" dinner

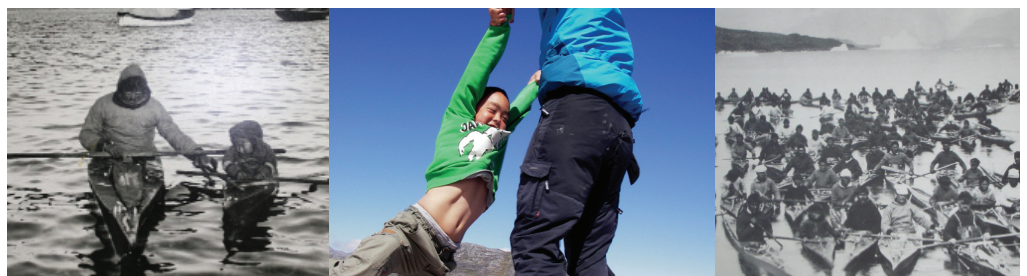
Back in Appillatoq we'll meet our pickup for transportation back to Nanortalik. All of us and all our gear will be picked up and transported.

Day 13 and 14: Going home

Journey is over, if wanted you can of course stay in Greenland, but as far as the expedition go, we're at an end.

THIS IS AN EXPEDITION for paddlers with some experience, but you don't need to be an expert. We'll be paddling around 20-30 kilometers per day for 8-9 days. Some stretches will be challenging because of few possible landings, tide and wind. Because of this we expect expedition members to be able to stay in the boat up to 4 hours without landing.

There are room for 2-3 days of rest or alternative activity. During the expedition we'll be fishing, exploring 1000 year old settlements and hike in some of the mountains at our camps. We'll expect you to love the outdoors and set your mind to help out make the expedition as successful as can be.



Tracking the Viking Eirik Raude

It was in the deep South of Greenland that the first Europeans set foot on Greenland. In the year 960, the Viking Eirik Raude (Eirik The Read) was damned an outlaw in his homeland Norway, he then travelled to Iceland. Again being outlawed because of a murder, he left Iceland going west where he discovered the fjordlands and the green valleys of a new land. Going back to Iceland he told stories of “the green land”. In the year of 985 Eirik Raude again travelled west, this time bringing a total of 25 ships with intentions of settlements. Only half of the ships made it all the way, and the Vikings created the two settlements, Østerbygden (Easter-village) and Vesterbygden (Western-village). Eirik Raude and his family settled at Brattahlid. Around year 1000, the northerners counted 3000 people. The little villages survived for 500 years and then disappeared suddenly and mysteriously....



ACCOMODATION

In Nanortalik we'll stay at a cabin doing our last preparations. Then 9 days tenting follows. We will be using comfortable tents for two persons. We are also bringing a big tent for all preps, dining and so on. Back in Nanortalik we'll stay at the Hotel Tupilaq. During the travel home to Norway/home country the participants must plan with a night in Reykjavik/Copenhagen.



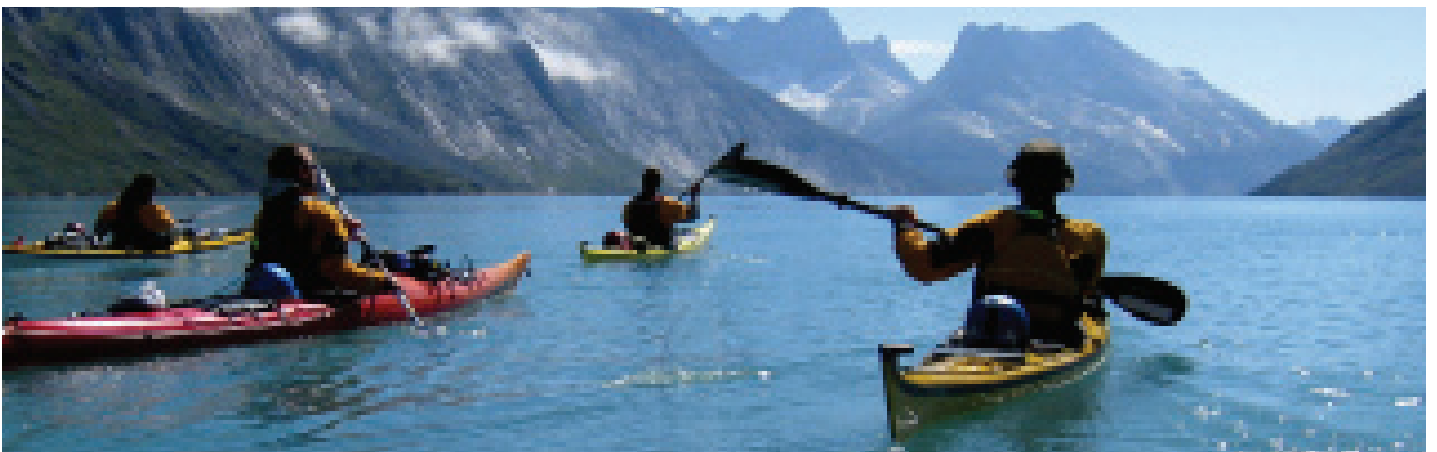
EQUIPMENT

Northern Exposure will be supplying single kayaks from the world renowned british manufacturer North Shore Sea kayaks. These are stable and sturdy expedition kayaks made for conditions far exceeding what we can expect. We will be supplying tents, cooking gear, food, fuel and necessary safety equipment. You will need to bring personal kayak gear and general outdoor gear. A comprehensive gearlist will be supplied by signing up or on request.



SAFETY

We are bringing, for safety, VHF, Sat.phone, EPIRB (distress beacon), in addition to first aid equipment. Our guides are highly trained guides from the Norwegian Paddling Association and have extensive experience in handling groups during demanding conditions. There is safety in being prepared and fit and because of this we ask you to inform us about your health on sign up. We will be arranging a preparation weekend so that we are coordinated on safety and get to know each other before hand.



EXPEDITION FEE INCLUDES

- Norwegian experienced paddling instructor (who also has good English skills)
- All accomodation in Greenland
- All meals in Greenland
- Kayak and spraydeck
- All transportation (according to plan)
- All necessary expedition gear
- Personal guidance and follow ups before expedition
- Plane ticket booking assistance
- Accomodation, food and guidance during training excersise
- Equipement discount with God Tur Norge AS
- Small group travelling, we never take big groups, max 8 expeditioners incl. guide

EXPEDITION FEE DOES NOT INCLUDE

- Plane/Heli tickets to Grenland
- Cancellation and travel insurance
- Single room in hotels
- Paddlewear (drysuit, paddle, PFD and such)
- Personal Equipment
- Unforeseen necessary transport
- Transport to preparation weekend



Climate

Greenland has an arctic climate, meaning that the average temperature during the warmest month doesn't exceed 10°C (like April in London, or May in Bergen). In the southern parts the temperature may well get to 20°C in June, July, August. Night time temperature can get as low as 5°C, men frost is usually doesn't happen until late September.



CURRENCY

Local currency are Danish Crowns (DKK), Credit cards are accepted in Nanortalik.

TIME AND TIMESONES

-3GMT.

PASSPORT AND VISA

Norwegian citizens do not need visa for Greenland. Other nationalities should investigate with their respective authorities.

VACCINATION

No extraordinary vaccinations needed. Contact your doctor for more info.

INSURANCE

You need a health and accident insurance covering transport for homeland. Bring insurance papers for your journey. We recommend investigating that your insurance covers: cancellation, travelgoods/luggage, reliability, delays. Read more in our terms online at northernexposure.no

PREPARATION WEEKEND

This weekend will be happening west of Bergen during last weekend of may. The goal of the weekend is to get to know each other better, gear knowledge, packing of the boats and safety and rescue techniques. More information will be sent on signing up, pr by request. It all happens in the fantastic Norwegian archipelago on the twest coast during the annual God Tur Paddlefest! see www.padlefestivalen.no tickets for the festival is included.



SIGN UP

Our webpage (northernexposure.no) will inform on how to sign up for the expedition. Remember to read the terms. When the sign up form has been returned to us we will ask for a deposit and send you the information you need for further progress. Do not hesitate to contact us if you have any questions at all.



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